

spicy mexicali dip

Tupperware®

Makes 3 Cups

- 14 oz. can artichoke hearts, drained
- 1/2 cup low-fat sour cream
- 1 cup shredded Mexicanstyle cheese
- 10 oz. can diced tomatoes with chilies, drained
- 1 tbsp. Simple Indulgence™ Southwest Chipotle

Chop artichokes in Quick Chef with blade. Place all ingredients in Base of Oval Microwave Cooker; blend together with Saucy Silicone Spatula. Microwave on high for 3-5 minutes.

Serve with crostini or a variety of chips.

spicy mexicali dip

Tupperware®

Makes 3 Cups

- 14 oz. can artichoke hearts, drained
- 1/2 cup low-fat sour cream
- 1 cup shredded Mexicanstyle cheese
- 10 oz. can diced tomatoes with chilies, drained
- 1 tbsp. Simple Indulgence™ Southwest Chipotle

Chop artichokes in Quick Chef with blade. Place all ingredients in Base of Oval Microwave Cooker; blend together with Saucy Silicone Spatula. Microwave on high for 3-5 minutes.

Serve with crostini or a variety of chips.

spicy mexicali dip

Tupperware®

Makes 3 Cups

- 14 oz. can artichoke hearts, drained
- 1/2 cup low-fat sour cream
- 1 cup shredded Mexicanstyle cheese
- 10 oz. can diced tomatoes with chilies, drained
- 1 tbsp. Simple Indulgence™ Southwest Chipotle

Chop artichokes in Quick Chef with blade. Place all ingredients in Base of Oval Microwave Cooker; blend together with Saucy Silicone Spatula. Microwave on high for 3-5 minutes.

Serve with crostini or a variety of chips.

spicy mexicali dip

Tupperware®

Makes 3 Cups

- 14 oz. can artichoke hearts, drained
- 1/2 cup low-fat sour cream
- 1 cup shredded Mexicanstyle cheese
- 10 oz. can diced tomatoes with chilies, drained
- 1 tbsp. Simple Indulgence™ Southwest Chipotle

Chop artichokes in Quick Chef with blade. Place all ingredients in Base of Oval Microwave Cooker; blend together with Saucy Silicone Spatula. Microwave on high for 3-5 minutes.

Serve with crostini or a variety of chips.