



ICE TUP & LOLLITUPS RECIPES



Tips ~ Tips ~ Tips ~ Tips ~ Tips

Kids love the Mickey Ice Tup and the new Lollitup has a unique, fun Penguin shape! Ice and Lolli Tups should be filled to the fill line and should be frozen for a minimum of 5 hours. To un-mold lollies, hold the frozen Ice Tup or Lollitup in your hand for 1 minute or run gently under water to loosen the cover. Do not twist. The Lollitups have a unique feature which allows the cover to become the base after unmolding. Kids (or you!) can easily hold the lolly with the drips going into the cover No sticky hands !!

Don't forget easy healthy favorites:
Freeze Chocolate Milk for Fudge-cicles or Plain Fruit Juice for a Natural Fruit Pop.
A frozen Ice/Lolli Tup makes a great boo boo bunny too.

Fruit & Yogurt Lolly

In the Smooth Chopper blend your favorite seasonal fruit. Try bananas, strawberries, blueberries etc.

Add plain yogurt to fruit and blend.

Fill Ice or Lolli Tups and freeze for a delicious and healthy treat !

Jello-Cicles

1 pkg. Jello
1 Cup Hot Water

Mix well and then add
1½ cups cold water

Stir and pour into Ice/Lolli Tups.

Frozen Fruit

1 -15-oz. Can of Fruit Cocktail

Divide fruit evenly into 6 Ice/Lolli Tups molds. Divide the juice and Freeze.

Makes 6

Variation: Mashed Strawberries and Bananas make great "Tupper Freezies"

Punch & Cream

1 Cup Hawaiian Punch
1 Cup Ice Cream

Mix together and pour into Ice/Lolli Tups and freeze

Tupsicles

1 pkg. Jello 1 Cup Sugar
2 Cups Hot Water 1 Pkg. Kool-aid

Mix above ingredients well. Add 2 cups cold water. Stir and pour into Ice/Lolli Tups and freeze!

Lemon-Cicles

1 pkg. Lemon Instant Pudding
1½ Cups Water

Mix as directed on pudding package. Pour into Ice/Lolli Tups and Freeze. Makes 12

Fudge-Cicles

1pkg. Instant Chocolate Pudding
2½ Cups Milk

Mix as directed on pudding package. Pour into Ice/Lolli Tups and freeze. Makes 12

Yogurtsicles

1 Cup Fruit Juice
1/2 Cup Plain Yogurt
Optional: Dash of Honey or Vanilla

Mix ingredients together. Pour into 6 Ice/Lolli Tups and freeze until solid.

Moosicles

1 Cup Fruit Juice
1/2 Cup Milk

Mix milk and juice together. Fills 6 Ice/Lolli Tups. Freeze until solid