

Serves 6 • Serving size: 2 mini pizzas

25
minutes

PREP: 10 minutes
COOK: 15 minutes

English Muffin PIZZAS

6 English muffins, halved
1 cup pizza sauce
8 oz./225 g mozzarella

1. Preheat oven to 400° F/205° C.
2. Lay each muffin half on the Silicone Wonder® Mat on baking sheet, halved side up.
3. Spread pizza sauce evenly over each English muffin half.
4. Assemble Grate Master® Shredder fitted with coarse grater cone. Place cheese in hopper, press down lightly with plunger and turn handle to shred cheese.
5. Top each English muffin half with shredded cheese, and other toppings as desired, and bake 15 minutes or until cheese is melted and muffin is crunchy.

Nutritional Information (per serving):

Calories: 270 Total Fat: 9g Saturated Fat: 4.5g Cholesterol: 25mg Carbohydrate: 34g Sugar: 5g Fiber: 1g Protein: 16g Sodium: 750mg Vitamin A: 10% Vitamin C: 0% Calcium: 35% Iron: 8%

date
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Tupperware®



TO DEMO



Grate Master®
Shredder

OPTIONAL



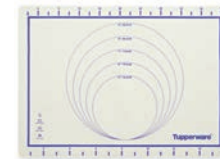
Measuring
Cups



Measuring
Spoons



Silicone
Spatula



Silicone
Wonder® Mat