

**Tupperware®**

Serves: 2 · Serving size: 2 fajitas



PREP: 10 minutes  
COOK: 6 minutes

## Fiesta FAJITAS

½ lb./225 g chicken tenderloins, sliced into thin strips  
½ green bell pepper, sliced into thin strips  
½ red bell pepper, sliced into thin strips  
½ large onion, sliced into thin strips  
1 tbsp. DIY Cilantro Mojo Seasoning Blend (found on our blog)  
4 flour tortillas

1. In a medium bowl toss together chicken, peppers, onion and seasoning until well blended. Transfer chicken and vegetables to the base of the MicroPro™ Grill.
2. Place cover on MicroPro™ Grill in the grilling position. Microwave on high 4 power minutes. Remove from microwave, drain accumulated juices. Cover in the grilling position and microwave on high power 2 additional minutes.

*Note: Adult supervision recommended when using the MicroPro Grill.*

Nutritional Information (per serving):  
Calories: 330 Total Fat: 9g Saturated Fat: 2.5g Cholesterol: 20mg  
Sodium: 720mg Carbohydrate: 47g Fiber: 4g Sugar: 5g Protein: 19g  
Vitamin A: 20% Vitamin C: 100% Calcium: 8% Iron: 15%

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