

Serving size: about ½ cup



PREP: 10 minutes
COOK: 0 minutes

date
me

Strawberry Smoothie Bowl

For the sorbet:

- 16 oz. frozen strawberries
- ¼ cup warm water

For the smoothie bowl:

- 1 cup orange juice, divided
- Variety of toppings such as chopped nuts, seeds, coconut, dried or fresh fruits, nut butters, herbs.



Directions

1. Remove fruit from freezer, let stand 16-18 minutes.
2. Place medium bowl below Fusion Master® Sorbet Maker spout. Fill sorbet hopper with fruit; pour 1 tsp. of the warm water over fruit.
3. Place plunger on top of fruit. Gently push down on the plunger while turning handle to move fruit over sorbet blades. Repeat with remaining fruit.
4. Divide sorbet evenly between two bowls. Stir in ½ cup each of the orange juice until well combined. Top with a variety of desired nuts, fresh or dried fruits, seeds, or toppings.

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