Serving size: about 1/2 cup



## Strawberry Smoothie Bowl

#### For the sorbet:

- 16 oz. frozen strawberries
- ¼ cup warm water

#### For the smoothie bowl:

- · 1 cup orange juice, divided
- Variety of toppings such as chopped nuts, seeds, coconut, dried or fresh fruits, nut butters, herbs.
   LSP. Of the Wall Water over 1
   3. Place plunger on top of fruit.
   Gently push down on the plu



### Directions

- 1. Remove fruit from freezer, let stand 16-18 minutes.
- 2. Place medium bowl below Fusion Master® Sorbet Maker spout. Fill sorbet hopper with fruit; pour 1 tsp. of the warm water over fruit.
- Place plunger on top of fruit. Gently push down on the plunger while turning handle to move fruit over sorbet blades. Repeat with remaining fruit.
- Divide sorbet evenly between two bowls. Stir in ½ cup each of the orange juice until well combined. Top with a variety of desired nuts, fresh or dried fruits, seeds, or toppings.

## **Tupperware**

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Serving size: about 1/2 cup



PREP: 10 minutes COOK: 0 minutes

# Strawberry Smoothie Bowl

#### For the sorbet:

- 16 oz. frozen strawberries
- ¼ cup warm water

#### For the smoothie bowl:

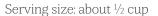
- · 1 cup orange juice, divided
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  tsp. of the warm water over fresh or freed such as chopped nuts, seeds, coconut, dried or fresh fruits, nut butters, herbs.
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**Tupperware** 





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## **Tupperware**

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Serving size: about ½ cup



COOK: 0 minutes

# Strawberry Smoothie Bowl

### For the sorbet:

- 16 oz. frozen strawberries
- · ¼ cup warm water

#### For the smoothie bowl:

- · 1 cup orange juice, divided
- Variety of toppings such as chopped nuts, seeds, coconut, dried 3. or fresh fruits, nut butters, herbs.



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