

## Tomato Mac \& Cheese

4 tbsp. unsalted butter
3 tbsp. all-purpose flour
2 cups whole milk
$21 / 4$ cups water
1 lb./455 g elbow macaroni, uncooked
28-oz./800 g can crushed tomatoes
2 tsp. yellow mustard
$11 / 2$ tsp. garlic powder
3 cups cheddar cheese, shredded
1 cup ricotta cheese
1 tsp. kosher salt
$1 / 4 \mathrm{tsp}$. pepper

1. Melt butter in Chef Series II 5-Qt./4.8 L Sautuse over medium heat.
2. Stir in flour and cook 2 minutes. Slowly add milk, continually whisking to thicken
3. Add water, elbow macaroni, crushed tomatoes, mustard and garlic powder. Mix well to combine.
4. Cook, uncovered, 13-15 minutes or until pasta is fully cooked
5. Add remaining ingredients, mix well and serve.

Nutritional Information (per serving)
Calories: 556 Total Fat: 25.2 g Saturated Fat: 15.8 g Cholesterol: 75 mg
Carbohydrate: 57.2 g Sugar: 5.2 g Fiber: 3.9 g Protein: 25.5 g Sodium: 768 mg Calcium: 39\% Iron: 21\%

Serves: $8 \cdot$ Serving size: 1 cup

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Tupperware

