

Serves: 2 • Serving size: 10 gummies



PREP: 5 minutes  
COOK: 12 minutes

## Fruit Juice GUMMIES

2 cups fruit juice  
8 tbsp. (½ cup) gelatin powder  
¼ cup honey  
½ cup pureed fruit (optional)

1. Pour fruit juice into Chef Series II 8"/20 cm Fry Pan. Sprinkle gelatin over fruit juice. Let stand 3 minutes.
2. Heat mixture over medium heat, stirring constantly until gelatin has melted. Do not boil.
3. Stir in fruit puree.
4. Remove from heat. Pour liquid into Fresh & Pure™ Ice Tray, Egg Tray Insert or desired molds.
5. Refrigerate, uncovered, at least 2 hours to set. Refrigerate up to 7 days.

Nutritional Information (per serving):

Calories: 150 Total Fat: 1g Saturated Fat: 0g Cholesterol: 0mg  
Carbohydrate: 25g Sugar: 4g Fiber: 2g Protein: 11g Sodium: 0mg  
Vitamin A: 15% Vitamin C: 60% Calcium: 2% Iron: 6%

date  
me

Tupperware®



TO DEMO



Chef Series II 8"/20 cm  
Fry Pan



Fresh & Pure™  
Ice Tray

OPTIONAL



Measuring  
Cups



Measuring  
Spoons



Silicone  
Spatula